



LANE COUNCIL OF GOVERNMENTS
Senior & Disability Services

Senior & Disability Services is the **Area Agency on Aging and Disability (AAA)** for Lane County.

The **AAA** is responsible for planning and administering programs and services for older adults and adults with disabilities.

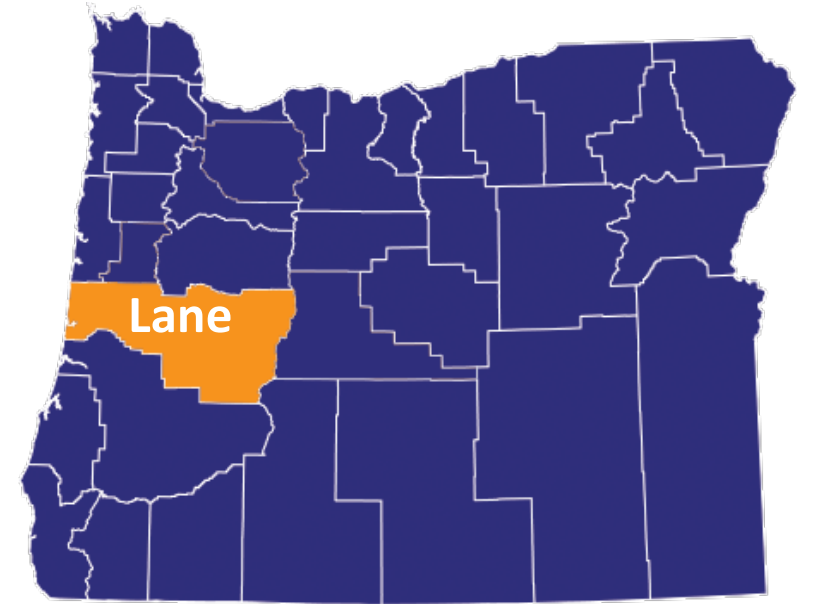
Mission Statement

“To advocate for seniors and people with disabilities and provide them quality services and information that promotes dignity, independence, and choice.”



Services provided to residents of Lane County

- ✓ Older adults, ages 60 and over.
- ✓ Adults with physical disabilities ages 18 and over.
- ✓ Caregivers of older adults and adults with disabilities.



All applicants are considered without regard to race, color, religion, sex, national origin, age, sexual orientation, marital or veteran status, medical condition or disabilities, or any other legally protected status



Programs & Resources

Aging & Disability
Resource
Connection
(ADRC)

Senior Meals
Program

Senior
Connections

Oregon Project
Independence
(OPI)

Eligibility Services
Oregon ONE System

Long-Term Care
Services
Case Management

Adult Protective
Services
(APS)

Community Outreach
& Volunteer Program

ADRC

Aging and Disability
Resource Connection
— of OREGON —

- ✓ Learn about and apply for programs offered by Senior & Disability Services.
- ✓ Information and referrals to local resources.



Local: (541) 682-3353

Toll Free: (800) 441-4038

Website: www.ADRCofofOregon.org

Locations

1. Coburg (Café 60 only)
2. Cottage Grove
3. Creswell
4. Eugene - NW Neighbors
5. Florence
6. Junction City
7. Oakridge
8. Springfield
9. Veneta



Senior Meals
Café 60 / Meals on Wheels

Senior Meals Program

Lunch meal program for Adults 60+ and their spouse.

Café 60

In-person, dining room setting. Eat lunch with friends!

Meals on Wheels

Meal delivery to participants who qualify as “homebound”.

No obligation to pay

Suggested contribution
\$3.00 per meal.

Over 2,500 people
served during
Fiscal Year 2023!

Delivery of Meals on Wheels
in Eugene is sub-contracted
to FOOD for Lane County.



Senior Connections

Older Americans Act (OAA) Programs and More!

Family Caregiver Support Program

Rural Medical Escort Rides

Senior Companion

Options Counseling

Health Promotion Programs

Low Income Energy & Water Assistance Programs

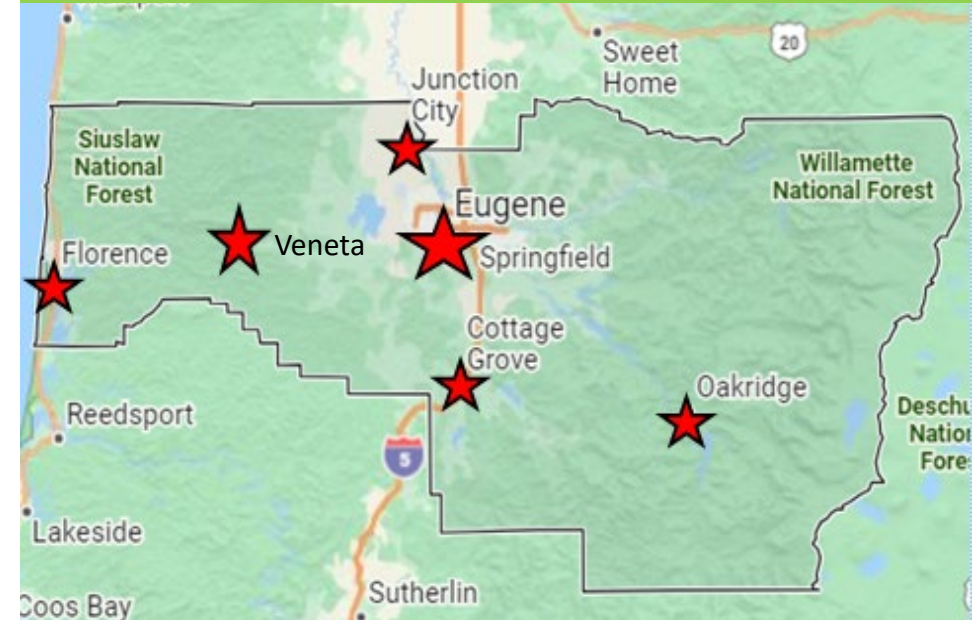
Lane Senior Support Coalition

Oregon Money Management Program

Ride Source - Transportation Assessments

Senior Law – Oregon Law Center

Office Locations



Area Coordinators provide information about services and benefits available to seniors and family caregivers.

Senior Connections

Older Americans Act (OAA) Programs and More!

Family Caregiver Support Program

Information & assistance, referrals to caregiver counseling & support, respite care.
(Currently has waitlist.)

Rural Medical Escort Rides

Volunteers provide medical transportation for older adults living in rural Lane County.

Senior Companion Program *(LCC/AmeriCorps)*

Volunteers help improve quality of life for disabled and isolated adults by providing supportive services and companionship.

Senior Connections

Older Americans Act (OAA) Programs and More !

Options Counseling

Meet with an Area Coordinator to learn about long-term care planning & decision making.

Living Well Disease Prevention & Health Promotion Workshops

Free to the public!

Small supportive groups (5-12 people)
Six-week workshops, 1x week for 2.5 hours
Facilitator certified by Stanford University's
Chronic Disease Self-Management Programs

Website: www.lanelivingwell.org

Senior Connections

Older Americans Act (OAA) Programs and More !

**Low-Income Home Energy
and Water Assistance
Programs**

Assist rural Lane County residents with applications for utility bill assistance programs. (LIHEAP/LIWAP)

Lane Senior Support
Coalition (LSSC)

Emergency support funding for at-risk seniors.

Non-profit agency Accessed through ADRC.

Limited funding for services not covered by other programs.

www.lanessc.org

Senior Connections

Older Americans Act (OAA) Programs and More!

Oregon Money
Management Program

Trained volunteers provide free assistance with personal money management tasks.

RideSource

Transportation for people unable to use a fixed-route bus due to disability.

www.ltd.org/ridesource

Senior Law
Oregon Law Center

FREE attorney consultations on non-criminal matters. Services throughout Lane County.
Contact ADRC for more information.

Oregon Project Independence (OPI)

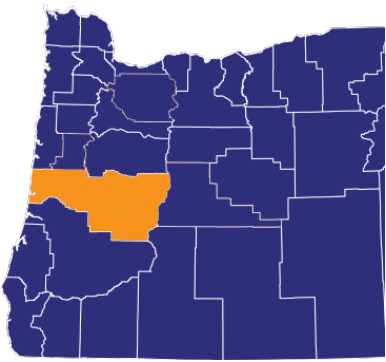
The goal of OPI is to prevent or delay nursing facility placements.

Limited in-home caregiving services.
(Up to 20 hours per month)

OPI (Age 60+) *Currently has Waitlist*
OPI Pilot (Ages 19-59) *Program Open*

Services may include housekeeping,
personal care, lunch meal delivery,
emergency response systems,
medication management.





Oregon^{one}eligibility

ONE Eligibility System

Provides choice and convenience in how people in Oregon apply for and manage their benefits.

Eligibility Specialists

Determine financial eligibility for programs through Aging & People with Disabilities (**APD**) and Self-Sufficiency programs (**SSP**).

Programs include but not limited to:

- ✓ **Medicaid** (Oregon Health Plan)
- ✓ **Supplemental Nutrition Assistance Program** (SNAP)
- ✓ **Employment Related Day Care** (ERDC),
- ✓ **Temporary Assistance for Needy Families** (TANF)

Apply online, by phone or in-person with **ONE application**.



SNAP is a federal nutrition program designed to supplement the food budgets of people with a low income.

Our office can assist **ALL** Oregonians with SNAP applications.



Oregon Health Plan (OHP) is Oregon's **Medicaid** program. There are several health care programs available for low-income Oregonians of all ages.



Medicare Savings Programs

Helps pay Medicare costs (Part A and/or Part B). Qualification dependent on income. No asset limits.

Oregon Health Plan & Medicare

OHP can help pay for things like Medicare premiums, deductibles, coinsurance, rides to appointments and dental care.

Medicaid pays for **long-term care** when eligible. Services may include caregiving assistance for help with daily activities, health related tasks and more.

Medicaid Long-Term Care

In-Home Care

Caregiver assistance provided in your own home.

Community-Based Care

Assisted Living, Adult Foster Home, Residential/Memory Care, Nursing Facility

Specialized Care

Transition and Diversion (TAD)
Complex Case Managers
Housing Navigators

Case Management

Case Managers help you access the services and resources you are eligible for and need.

Services may include

In-Home Assessments

Home Visits

Care Plan Development

Resources & Referrals

Ongoing contact





The Oregon Home Care Commission supports homecare workers, personal support workers by defining qualifications, providing a statewide registry.

Oregon Home Care Registry

- On-line service matches people with qualified homecare workers.
- Find workers who provide routine, emergency, and respite care.

Employer Resource Connection

- Free program for those approved through Medicaid or Oregon Project Independence.
- Consultants offer support to hire, train and retain home care workers.

A free, care matching service

Carina is an easy-to-use website where people looking for care can quickly and easily match with providers who meet their needs.

<https://www.carina.org>





Homecare Workers (HCW)

Care providers who support older adults & people with disabilities in their own homes.



The Homecare Worker Team

- ✓ Assist homecare workers (HCW) from start to finish!
- ✓ Accept and process applications, background checks.
- ✓ Help with sign-up for online orientation & trainings.
- ✓ Assist (HCW) with Provider Time Capture System.
- ✓ Process payroll, answer pay related questions.

Homecare Workers needed in Lane County!

For an application call:

(541) 682-4582

Adult Foster Home Local Licensing Authority



Adult Foster Home (AFH)

- Family home with five (5) or less residents
- 65+ years of age or adult with a physical disability.
- Included: Meals, housekeeping, assistance with residents' activities of daily living.



The goal of adult foster care is to provide necessary care for seniors and adults with physical disabilities while emphasizing the resident's independence.

Adult Foster Home Local Licensing Authority

Licensing & Monitoring

- APD adult care/foster homes in Lane County.
- Orientation and record keeping to educate those interested in being licensed.
- Investigating complaints for Adult Foster Homes in Lane County.



Adult Protective Services

Responds to allegations of **abuse** or **neglect**.

- Persons aged 65 years +.
- Person with physical disabilities aged 18+
- Residents of licensed care facilities.

To report the abuse of a senior or an adult with a disability in Lane County

Call: (541) 682-4140

Email: abuserreporting@lcog.org

Oregon Elder Abuse Hotline:
(855) 503-SAFE (7233)

Abuse Reporting - Types of Abuse

- Physical Harm or Injury
- Failure to Provide Basic Care
- Abandonment by the Caregiver
- Verbal or Emotional Abuse
- Financial Exploitation
- Unwanted Sexual Con
- Wrongful Restraint
- Involuntary Seclusion
- Self-Neglect



Volunteer Program

- Senior Meals Program
- Oregon Money Management
- Rural Medical Escort Rides
- Help teach “Living Well” classes



Community Outreach

- Provide information and resources at local events.
- Educational presentations offered to community members.



QUESTIONS?



Thank you!

Presented by:

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